



NEWS RELEASE

FOR IMMEDIATE RELEASE: Wednesday, July 12, 2022

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COOLING ZONES – PLACES TO BEAT THE HEAT

City of Stockton Community Centers – July 14 – July 17

STOCKTON, Calif. – Due to extremely high forecasted temperatures, City of Stockton Community Centers will provide cooling zones Friday through Monday, July 14 through July 17, for those who need to escape the heat.

Please join us at any of the following Community Centers:

- Arnold Rue Community Center – 5758 Lorraine Ave., Stockton 95210
- Stribley Community Center – 1760 E. Sonora St., Stockton 95205
 - Friday, Saturday, and Monday, 9:00 a.m. – 8:00 p.m.
 - Sunday, 2:00 p.m. – 8:00 p.m.
- Seifert Community Center – 128 W. Benjamin Holt Dr., Stockton 95207
- Van Buskirk Community Center – 734 Houston Ave., Stockton 95206
 - Friday, Saturday, and Monday, 9:00 a.m. – 8:00 p.m.
 - Closed Sunday

Seating will be offered in an air-conditioned area and water will be provided. Please bring books, games, and electronic devices that you and members of your household can enjoy while maintaining minimal activity level, as sports courts and equipment are often in use for programmed, scheduled activities.

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For a list of cooling zones throughout San Joaquin County, please visit the San Joaquin County Office of Emergency Services website at www.sjready.org.

On days with high temperatures, please remember to take precautions. Stay indoors, keep physical activity to a minimum, drink plenty of water, and monitor those who are sensitive to the negative impacts of heat, including elderly, children, those who are ill, and pets. For other tips for dealing with extreme heat, including avoiding heat-related illness, please visit www.stocktonca.gov/heat or the California Office of Emergency Services, [Listos California Summer of Safety website](http://ListosCaliforniaSummerofSafetywebsite).

If you are experiencing a medical emergency such as a heart attack, stroke, difficulty breathing or altered mental status, do not delay seeking care and contact 9-1-1.

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All News Releases can be found on the City of Stockton website. www.stocktonca.gov/news

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